






South Middle  
Margie Green- Manager

# November 2009



Monday	Tuesday	Wednesday	Thursday	Friday
Beef Patty, Gravy Pinto Beans Breaded Okra Wheat Roll=1.5brd. Milk 2 BF: Cereal, Doughnut, Juice, Milk	Fish Nuggets=1.75brd. Hushpuppies=1brd. French Fries Baked Apples Milk 3 BF: Brk. Steak, Biscuit, Juice, Milk	Sliced Pork, Gravy Cheesy Potatoes Steamed Veg. Wheat Roll=1.5brd. Milk Pudding Cup 4 BF: Lg. Cinnamon Roll, Juice, Milk	Grilled Chicken Patty Baked Potato Tossed Salad Texas Toast=1brd. Milk Jello 5 BF: Cereal, Toast, Juice, Milk	Cheese Pizza=2.25brd. Steamed Corn Veggie/Dip Milk Apple Betty 6 BF: Yogurt, Teddy Grahams, Juice, Milk
Sloppy Joe on Wheat=1.5brd. Baked Beans Green Applesauce Milk 9 BF: Brk. Steak, Biscuit, Juice, Milk	Beef Patty, Gravy Mashed Potatoes Green Peas Biscuit=2brd. Milk 10 BF: Waffles, Juice, Milk	Mini Corn Dogs=2brd. Green Beans Pineapple Tidbits Milk 11 BF: Brk. Pizza, Juice, Milk	Chicken Nuggets=1brd. Broccoli & Cheese Tropical Fruit Wheat Roll=1.5brd. Milk 12 BF: Cereal, Toast, Juice, Milk	Pepperoni Pizza=2.25brd. Corn Diced Peaches Milk 13 BF: Sausage, Biscuit, Juice, Milk
Brd. Chicken=1brd. Sand. On Wheat=1.5brd. Trimnings Potato Smiles Milk Pudding Cup 16 BF: Cheese Uncrustable, Juice, Milk	Meatloaf Pinto Beans Turnip Greens Macaroni=1brd. & Cheese Milk 17 BF: Cereal, Cinnamon Toast, Juice, Milk	Cheese Quesadilla Fried Squash Orange Half Milk 18 BF: Egg Patty, Toast, Juice, Milk	Sliced Turkey, Gravy Dressing=1brd. Green Beans Sweet Potatoes Wheat Roll=1.5brd., Milk Carrot Cake/Cream Cheese Icing 19 BF: Brk. Breaks, Milk	Hamburger on Wheat=1.5brd. Trimnings French Fries Blueberries Milk 20 BF: Flapstick, Juice, Milk
Chicken Nuggets=1brd. Creamed Potatoes Green Peas Biscuit=2brd. Milk 23 BF: Sausage, Biscuit, Juice, Milk	Hotdog on Wheat=1brd. Potato Smiles Diced Pears Milk Assorted Desserts 24 BF: Pancakes, Juice, Milk	 25	 26	 27
Pork Chop Cheesy Potatoes Steamed Broccoli Wheat Roll=1.5brd. Milk 30 BF: Cereal, Toast, Juice, Milk	<p><i>Guess What?</i></p> <p>On November 26, 1789, President George Washington proclaimed the first national Thanksgiving Day in the United States.</p>			

## A La Carte

Regular- Daily  
PBJ- Daily  
Chef Salad- Tues. and Thurs.  
Potato Plate- Mon. and Fri.  
Yogurt Meal- Wed.  
Menu is subject to change.  
Fresh Fruit is offered as an option to juice at breakfast and an option to dessert at Lunch.  
Any item at Lunch can be purchased as extra (ala carte).  
A 2oz. Cereal is offered as an option to the regular menu a breakfast.  
Choice of milk is offered Daily. Milk- \$.50  
Fruit Juice- \$.50  
A la Carte Prices- \$.50

Meal Prices:  
Student Brk. - \$1.50  
Student Lunch- \$2.50  
Second Plate- \$3.00

Adult Brk. - \$1.75  
Adult Lunch- \$3.00  
Second Plate- \$3.00

Visitor- \$3.75  
Child Visitor- \$3.25

Holiday Child Visitor- \$3.75  
Holiday Adult Visitor- \$4.25

## School News

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