



Sewanee Elementary School

Chasity Williams, Manager

November 2009



Monday	Tuesday	Wednesday	Thursday	Friday	
MINI CORNDOGS GREEN BEANS 2 PINEAPPLE RICEKRISPY MILK CHEESE TOAST CEREAL FRUIT OR JUICE	QUESADILLA MEXICAN RICE 3 BUTTERED CORN FRUIT CUP MILK SAUSAGE GRAVY BISCUIT CEREAL FRUIT OR JUICE	BBQ SANDWICH ON WHEAT COLESLAW 4 TATER TOTS PUDDING CUP MILK EGG AND CHEESE BISCUIT CEREAL FRUIT OR JUICE	CHOPPED STEAK W/ B. GRAVY CREAMED POTATOES 5 GREEN PEAS BISCUIT MILK YOGURT BUTTERED TOAST CEREAL FRUIT OR JUICE	CHEESE PIZZA TOSSED SALAD 6 OKRA COOKIE MILK ASSORTED CEREAL BUTTERED TOAST FRUIT OR JUICE	
MEATLOAF CREAMED POTATOES 9 PEAS AND CARROTS WW ROLL MILK TASTRIES CEREAL BUTTERED TOAST FRUIT OR JUICE	TACO SALAD TRIMMINGS 10 PINTO BEANS LIME APPLESAUCE MILK OATMEAL BUTTERED TOAST CEREAL FRUIT OR JUICE	CHEESEBURGER ON WHEAT FRENCHFRIES 11 TRIMMINGS FRUIT CUP MILK STEAK BISCUIT CEREAL FRUIT OR JUICE	CHICKEN STRIPS SCALLOPED POTATOES 12 GREEN BEANS WW ROLL MILK SCRAMBELED EGGS BUTTERED TOAST CEREAL FRUIT OR JUICE	CHICKEN FAJITA WRAP TRIMMINGS 13 BUTTERED CORN MILK ASSORTED CEREAL BUTTERED TOAST FRUIT OR JUICE	
ITALIAN DUNKERS MARINARA SAUCE 16 OKRA FRUIT CUP MILK FRENCH TOAST STICKS CEREAL BUTTERED TOAST FRUIT OR JUICE	HOT DOG ON WHEAT FRENCH FRIES 17 BAKED BEANS MILK PANCAKES CEREAL BUTTERED TOAST FRUIT OR JUICE	ROAST BEEF W/ B. GRAVY GREEN BEANS 18 BUTTERED CORN BISCUIT MILK CHEESE OMELET BUTTERED TOAST FRUIT OR JUICE	SPAGHETTI SQUASH 19 TOSSED SALAD WW BREADSTICK MILK FLAP STICK CEREAL BUTTERED TOAST FRUIT OR JUICE	PHILLY CHEESE STEAK ONIONS/PEPP/ MUSH 20 FRUIT CUP CHIPS MILK ASSORTED CEREAL BUTTERED TOAST FRUIT OR JUICE	
PEPPERONI PIZZA CORN ON COB 23 DICED PEACHES MILK CHICKEN BISCUIT CEREAL BUTTERED TOAST FRUIT OR JUICE	"THANKSGIVING DINNER" TURKEY 24 DRESSING GREENBEANS APPLESAUCE GRAVY CHERRY TART MILK ASSORTED CEREAL BUTTERED TOAST	25			27
CHICKEN NUGGETS BROCCOLI AND CHEESE 30 TROPICAL FRUIT WW ROLL MILK CHEESE TOAST CEREAL BUTTERED TOAST FRUIT OR JUICE	THANKSGIVING BREAK				
Guess What? On November 26, 1789, President George Washington proclaimed the first national Thanksgiving Day in the United States.					

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OPTIONAL PLATE CHOICES

- M, T, W, T, F
GRILLED CHEESE SACK
- MONDAY -- YOGURT SACK
- WEDNESDAY -- BAKED POTATO TRAY
- THURSDAY -- CHEF SALAD TRAY

