



FCHS REBEL SPIRIT

Connie Pickney, Manager

November 2009



Monday	Tuesday	Wednesday	Thursday	Friday	
Spaghetti W/ meat sauce Garden salad Corn Breadstick Milk Blueberry cobbler	2 B.B.Q.Nachos Chili beans Let. N tom Cheese breadstick Milk Fruit cup	3 Chicken tenders Creamed potatoes Green beans Roll Milk Pudding	4 Lasagna Garden salad Green beans Breadstick Milk	5 Chicken wrap Smile potatoes Let. N tom. Fruit cup Milk Southern cookie	6
Cajun chicken Scalloped potatoes Lima beans Biscuit Milk Peach cobbler	9 Taco salad w/ let. Tom Pinto bean Breadstick Milk Baked apples	10 Sub made to order Choice of meat, cheese, trimmings Fresh fruit Fresh veggies Milk Chip	11 Chili pie Tator tots Fruit Milk Orange streusel cake	12 Chicken nugget bowl (Gravy, cheese, potatoes) Green peas Biscuit Fruit Milk	13
Chicken stir fry Rice Broc, caul, carrots Fruit cup Milk Lemon drop cake	16 Spaghetti w/ meat sauce Garden salad Milk Fruit cup	17 Turkey n dressing Green beans Creamed potatoes Roll Cranberry sauce Milk Pecan pie	18 Lasagna Garden salad Corn Breadstick Milk Fruit salad	19 Chicken nugget bowl (Gravy, cheese, pot.) Green peas Biscuit Milk	20
Chicken fajita wrap Let n tom Smile potatoes Milk Fresh fruit	23 Rice bowl Choice of meat, vegetables, rice Fresh fruit Milk	24 NO SCHOOL	25 	26 	27
Chili pie Tator tots Fresh veggies Milk Fruit cup	30 <i>Guess What?</i> On November 26, 1789, President George Washington proclaimed the first national Thanksgiving Day in the United States.				

A La Carte

Add A La Carte Items Here

School News

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