



NORTH MIDDLE SCHOOL

Manager-Vicky Green

November 2009



Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Strips Mashed Potatoes Fruit Cocktail Wheat Roll Milk 2 BF: Cereal or Breakfast Pizza Juice/Milk	Nacho's with Meat & Cheese Salad Grapes Cookie Milk 3 BF: Cereal or Cinnamon Raisin Biscuit Juice/Milk	Cheeseburgers Lettuce, Tomato & Pickle Fries Applesauce Milk 4 BF: Cereal or Sausage & Biscuit Jelly/Juice/Milk	Chicken & Dumplings Green Beans Orange Wedges Wheat Roll Milk 5 BF: Cereal or Poptart & Cheese Toast Juice/Milk	Ham & Cheese Sub. Lettuce, Tomato & Pickle Diced Peaches Chips Animal Cookie Milk 6 BF: Cereal or French Toast Sticks Syrup/Juice/Milk
Hotdog Fries Diced Pears Rice Krispy Treat Milk 9 BF: Cereal or Chicken & Biscuit	Breaded Pork Chop Parsley Potatoes Pineapple Tidbits Wheat Roll Milk 10 BF: Cereal or Pancakes Syrup/Juice/Milk	Chicken Noodle Soup PBJ Sandwich Carrot & Celery Sticks Diced Peaches Milk 11 BF: Cereal or Egg/Sausage Burrito Juice/Milk	Beefaroni Salad Applesauce Breadstick Milk 12 BF: Cereal or Biscuit & Gravy Jelly/Juice/Milk	Big Daddy Pepp. Pizza Corn Orange Wedges Juice Bar Milk 13 BF: Cereal or Donut & Cinnamon Toast Juice/Milk
Salisbury Steak & Gravy Mashed Potatoes Green Beans Wheat Roll Milk 16 BF: Cereal or Steak & Biscuit Jelly/Juice/Milk	BBQ Sandwich Fries Fruit cocktail Milk 17 BF: Cereal or Cinnamon Roll Juice/Milk	Chili Grilled Cheese Sandwich Diced Peaches Cinnamon Roll Milk 18 BF: Cereal or Egg & Biscuit Jelly/Juice/Milk	Soft Taco's Corn on Cob Lettuce & Tomato Cheese Cup Applesauce Milk 19 BF: Cereal and Cheese Toast Juice/Milk	Turkey & Dressing with Gravy Green Beans Sweet Potatoes Cranberry Sauce Wheat Roll Cake Milk 20 BF: Cereal or Pancake on Stick Svrup/Juice/Milk
Breakfast for Lunch Egg Patty Sausage Patty Tater Rounds Biscuit & Gravy Juice/Milk 23 BF: Cereal or Omelet & Toast Jelly/Juice/Milk	Spaghetti & Meatballs Salad Fruit Cocktail Garlic Toast Milk 24 BF: Cereal or Waffles Syrup/Juice/Milk	25 26 27 Happy Thanksgiving NO SCHOOL		
Chicken Nuggets Mashed Potatoes Fruit Cocktail Wheat Roll Milk 30 BF: Cereal or Sausage & Biscuit Jelly/Juice/Milk	Guess What? On November 26, 1789, President George Washington proclaimed the first national Thanksgiving Day in the United States.			

MENU CHOICES

Monday - Friday
Main Menu
PBJ Sacks

Tuesday & Thursday
Variety of Salads

Wednesday
Yogurt Sacks

Monday & Friday
Baked Potato Plate

WE SELL EXTRA MENU
ITEMS DAILY

Snacks .50
Ice Cream .50
Small Water .50
Large Water 1.00

MENU IS SUBJECT TO CHANGE

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