

NORTH LAKE CAFETERIA

BREAKFAST AND LUNCH MENU
MANAGER: DEBORAH MODESITT

October 2009

Monday

Tuesday

Wednesday

Thursday

Friday

Guess What?

Pumpkins were once recommended for removing freckles and curing snakebites. The largest pumpkin pie ever made weighed over 350 pounds.

PEPPERONI PIZZA
CORN
FRUIT
MILK **5**

FRENCH TOAST STICKS
JUICE
SYRUP
MILK

CHILI
PEANUT BUTTER AND
HONEY SANDWICH
CRACKERS
FRUIT
MILK **12**

CINNAMON ROLL
JUICE
MILK

FALL BREAK
HAVE FUN
BE SAFE **19**

B B Q
FRENCH FRIES
FRUIT
WHEAT ROLL
MILK **26**

CINNAMON TASTERY
JUICE
MILK

BEEF PATTY
GRAVY
MASHED POTATOES
FRUIT
WHEAT ROLL
MILK **6**

SAUSAGE
JUICE
BISCUIT
MILK

CORN DOGS
SCALLOPED POTATOES
FRUIT
MILK **13**

BREAKFAST STEAK
JUICE
BISCUIT
MILK

ROAST BEEF
MASHED POTATOES
FRUIT
WHEAT ROLL
MILK **27**

SAUSAGE
GRAVY
FRUIT
BISCUIT
MILK

CHICKEN NUGGETS
SLICED CARROTS
FRUIT
CORNBREAD
MILK **7**

BREAKFAST CHICKEN
JUICE
BISCUIT
MILK

HAMBURGER ON WHEAT BUN
FRENCH FRIES
LETTUCE/TOMATO/
PICKLES
FRUIT
MILK **14**

BREAKFAST PIZZA
JUICE
MILK

CHICKEN NUGGETS
CALIFORNIA VEGETABLES WITH
CHEESE
FRUIT
CORNBREAD
MILK **28**

BREAKFAST ON A STICK
JUICE
SYRUP
MILK

VEGETABLE BEEF SOUP
PEANUT BUTTER AND HONEY
SANDWICH
FRUIT
CORNBREAD
MILK **1**

PANCAKES
JUICE
SYRUP
MILK

ITALIAN DUNKERS
SALAD
FRUIT
BREAD STICK
MILK **8**

LARGE CEREAL
JUICE
MILK

CHICKEN PATTY
GRAVY
SCALLOPED POTATOES
FRUIT
CORNBREAD
MILK **15**

LARGE CEREAL
JUICE
MILK

SLOPPY JOE
FRENCH FRIES
FRUIT
WHEAT BUN
MILK **29**

BREAKFAST STEAK
JUICE
BISCUIT
MILK

CHICKEN PATTY
MASHED POTATOES
FRUIT
GRAVY
WHEAT ROLL
MILK **2**

BREAKFAST PIZZA
JUICE
MILK

HOT DOG WWHEAT BUN
FRENCH FRIES
FRUIT
MILK **9**

CINNAMON TASTERY
JUICE
MILK

SPAGHETTI
SALAD
FRUIT
WHEAT ROLL
MILK **16**

FRENCH TOAST STICKS
JUICE
SYRUP
MILK

CHICKEN PATTY
SLICED CARROTS
FRUIT
GRAVY
WHEAT ROLL
MILK **30**

EGG PATTY
JUICE
BISCUIT
MILK

ALTERNATE MEALS

MONDAY THROUGH
FRIDAY: PEANUT BUTTER
AND JELLY SANDWICH
MEAL
MONDAY AND FRIDAY:
YOGURT MEAL
TUESDAY AND THURSDAY
CHEF SALAD
WEDNESDAY: POTATO
MEAL

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